

GLUTEN FREE MENU

TODAY'S FRESH CATCH

SELECT YOUR FISH • SELECT YOUR PREPARATION

Boston Blue Cod18.95	N.C. Catfish.....18.95	Block Island Swordfish.....25.00	Boston Lemon Sole24.95
New Zealand King Salmon.....24.50	Colombian Tilapia.....19.75	* Yellow Fin Tuna.....24.95	Nova Scotia Halibut24.95
GA Mtn. Rainbow Trout.....19.95	Cape Cod Skate Wing.....18.95	*George's Bank Sea Scallops.....23.50	Atlantic Black Grouper24.50
Atlantic Mahi Mahi.....22.95	Idaho Salmon Trout.....21.50	*Atlantic Salmon24.00	Atlantic Red Snapper.....24.50

SAUTEED (no flour) **OR BROILED** / with olive oil & lemon, select two sides: fresh vegetable medley / plain or scallion whipped potato / bowl of sticky rice / whipped or baked sweet potato (side substitutions 2.00 each) **HONG KONG STYLE** / sherry soy, scallions, ginger, spinach & bowl of sticky rice

* ICED TOWER

Chilled Maine Lobster (1/2), Jumbo Atlantic Shrimp (4), Oysters on the Half Shell (4), Clams on the Half Shell (4), Serves Two...36.50

*ICED OYSTER & CLAM BAR

Island Creek, MA	2.25
Raspberry Point, PEI	2.25
Blue Point, CT	2.25
Pickle Point, MA	2.25
Oyster Sampler (5 pc)	9.95
Little Neck Clams (6)	9.50
3 Oysters & 3 Clams	10.50

ICED SHRIMP & CRAB

Jumbo Shrimp.....	13.95
Jumbo Lump Crab.....	13.95
"Half & Half Cocktail" /	
Jumbo Lump Crab & Jumbo Shrimp.....	14.50
Peel N' Eat Shrimp 1/2 lb /	
cocktail sauce & lemon.....	11.50

FLA. STONE CRAB CLAWS

Better Than Joe's Sauce

Appetizer 3/4 lb, Jumbo (2-3 pcs)...Mkt.

Entree 1 1/2 lbs, Jumbo (4-5 pcs)...Mkt.

SMALL STEAMING POTS

ALASKAN SNOW CRAB LEGS 1 LB/	
Steamed with Butter or Chilled with Two Sauces.....	17.95
N.E. "STEAMER" CLAMS /	
Dipping Broth, Drawn Butter.....	12.95
LITTLE NECK GARLIC CLAMS /	
Steamed in White Wine.....	10.95
MUSSELS "GILBERT" /	
Garlic, Shallots, Cream, White Wine.....	11.95
MIXED MESCLUN GREENS.....	8.75
CAESAR / (no croutons)	8.75
(Add Blue Cheese 1.00 Supp)	
PANO'S GREEK SALAD / Feta Wedge.....	8.95
AFM "CHOPPED SALAD"/ Creamy Basil Ranch.....	8.95
"LOADED" ICEBERG WEDGE / Tomato, Warm Bacon	
& Blue Cheese.....	8.95

Appetizer Specialties

EDAMAME BOWL / Steamed Soy Beans, Sea Salt.....	4.50
AFM SMOKED FISH DIP/ Cucumber & Carrot Sticks.....	9.95
CEVICHE OF PRISITINE SEAFOOD / Fresh Citrus Juice,	
Papaya, Cilantro & Jalapeno.....	11.95
* YELLOW FIN TUNA CARPACCIO /	
(No Toast Points).....	11.95

TODAY'S FRESH CATCH & SALAD PLATTER
select any fresh catch w/caesar (no croutons) or mixed mesclun greens
(all other salads 2. supp)

LOBSTER LOBSTER

with Side of Whipped Potato & Thin Green Beans

LARGE MAINE LOBSTERS 2 to 4 Lbs /Steamed & Cracked, Drawn Butter.....Mkt.

BIG CRAB POT



LIVE WHOLE DUNGENESS CRAB
/Mkt.

ALASKAN "RED" KING CRAB LEGS /
1 1/4 Lb...42.50

with Side of Whipped Potato & Thin Green Beans

Entree Specialties

RAINBOW TROUT AMANDINE / Brown Butter, Green Beans & Mushrooms, Scallion Whipped Potato.....	23.95
SKATE WING MEUNIERE / Brown Butter, Spinach & Creamy Whipped Potato (no flour).....	19.00
SWORDFISH "CASHEW & CRACKED PEPPER CRUSTED" / Cheesy Grits, Thin Green Beans(no mushrooms).....	25.75
BERKSHIRE PORTERHOUSE PORK CHOP / Cheddar Cheese Grits, Portobello Mushrooms & Pepper.....	21.50
BISTRO NIKO "STEAK & FRITES" / Grilled Hanger Steak, Maitre d' Butter, Thin Cut French Fries.....	23.50
HONG KONG "COMBO" CHILEAN SEA BASS & ATLANTIC SALMON /	
Sherry Soy, Scallions, Ginger, Spinach & Bowl of Sticky Rice	29.50

STEAKS

*FILET MIGNON Center Cut, 8 oz /	32.00
*PRIME RIBEYE STEAK 12 oz /	29.75
*PRIME N.Y. STRIP STEAK 12 oz /	29.95

ADD 1/4 LB SAUTEED LARGE ATLANTIC SHRIMP TO ANY MENU SELECTION..... 10.95

ON THE SIDE Serves One to Two ...4.95 (As Substitution 2.00 Supp)

Baked Idaho Potato	Sautéed Spinach
Twice Baked Asiago Potatoes	Creamy Cole Slaw
Baked Organic Sweet Potato	Steamed Broccoli
Whipped Sweet Potato	Steamed Jumbo Asparagus (2.00 Supp)

*These Items Are Served Raw or Undercooked or Are Cooked to Order.
Consuming Raw or Undercooked Meats, Seafood, Shellfish Poultry or Eggs May Increase Your Risk of Food Bourne Illness.